At night, during sleep - Who acts-out their dreams, goes "night-flying," has super-human strength and speed, gets hurt or hurts their partner in bed? Who eats food without control, and gains weight? Who has unusual or hurtful sexual behaviors? Who has sleep terrors, with screaming, running around, and jumping through windows? Who becomes violent, with punching and kicking? Who sleepwalks and leaves the house, drives a car, wiggles like a seal, or barks like a dog? Who has legs that are restless and jump around? Who has non-stop dreaming and feels exhausted in the morning? Who becomes paralyzed while falling asleep or waking up and has frightening visions? Who has "extreme sleep"? Important New Findings: Current research has shown that 2% of people engage in sleep violence; almost 1% enact their dreams; 5% have involuntary sleep-related eating; 3% have sleep terrors; up to 10% have sleepwalking; 4% have "confusional arousals" with agitation; at least 5% have episodes of "sleep paralysis;" 10% have restless legs; and the list goes on. Therapy of these conditions is usually effective and safe. In this book, physician and scientist, Carlos H. Schenck, MD, tells his story of helping discover the "dream-enacting" disorder in 1982, which he and his colleagues named the "Rapid-eye-movement (REM) sleep behavior disorder" - RBD. Since the time that RBD was first reported by Dr. Schenck et al. in 1985, thousands of cases of RBD from around the world have been published in medical journals. RBD is now recognized as one of the most important clinical discoveries on sleep since the time REM sleep was discovered in 1953. Dr. Schenck has also helped discover other sleep behavior disorders ("parasomnias"). Dr. Schenck now shares the stories told to him by many of his parasomnia patients and their families, who describe their fascinating yet dangerous and strange tales from "the far side of sleep." Dr. Schenck discusses the science of parasomnias, and its connection with the brain sciences, clinical medicine, psychology, law and literature. This book should interest people affected by parasomnias or other sleep disorders; and those interested in sleep, dreams, and human behavior from various perspectives; students and professionals in medicine, nursing, sleep technology, biology, neuroscience, law, psychology, sociology, anthropology, and other fields.
Planes, Trains, and Automobiles , Paramount Pictures, Jan 1, 1987, Comedy films, 93 pages. An advertising executive who wants to fly home to Chicago for Thanksgiving winds up in a cross-country goose chase with an unlucky but lovable salesman.


A Clinical Guide to Sleep Disorders in Children and Adolescents , Gregory Stores, Jun 7, 2001, Medical, 196 pages. This is an up-to-date, comprehensive source of case-based information about sleep disturbance in the young.


Mozart, His Character, His Work , Alfred Einstein, 1962, Biography & Autobiography, 492 pages. Written by one of the world’s outstanding music historians and critics, the late Alfred Einstein, this classic study of Mozart's character and works brings to light many new.

The sleeping brain proceedings of the symposia of the first international congress of the Association for the Psychophysiological Study of Sleep, Bruges, Belgium, June 19-24, 1971, Association for the Psychophysiological Study of Sleep, 1972, Health & Fitness, 537 pages.

A Diary in the Strict Sense of the Term , Bronislaw Malinowski, 1989, Biography & Autobiography, 315 pages. The volume presents the diary of one of the great anthropologists at a crucial time in his career. Malinowski's major works grew out of his findings on field trips to New.

The Sleep of Others and the Transformations of Sleep Research , Kenton Kroker, 2007, Medical, 533 pages. We tend to think of sleep as a private concern, a night-time retreat from the physical world into the realm of the subconscious. Yet sleep also has a public side; it has been.

Kleine-Levin Syndrome Ethiopathogenesis and Treatment, Petr Smolik, Bedrich Roth, 1989, Affective disorders, 94 pages.

Sunset Boulevard , Billy Wilder, 1999, Performing Arts, 126 pages. "Sunset Boulevard" (1950) is one of the most famous films in the history of Hollywood, and perhaps no film better represents Hollywood's vision of itself. This facsimile.
Some Nights No Cars at All, Josh Rathkamp, 2007, Poetry, 91 pages. The first book by a poet with a curiosity that's both fierce and modest.

Covenants & other poems, Ernesto Superal Yee, 1999, Poetry, 92 pages.

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A Day at the Beach, Lauryn Silverhardt, May 1, 2003, Juvenile Fiction, 22 pages. Dora and Boots visit the beach.
The Abc's Of Writing Winning Business Plans How To Prepare A Business Plan That Others Will Want To Read -- And Invest In, Garrett Sutton, 2005, Business & Economics, 198 pages. Reveals how to write an accessible and recognition-promoting business plan for any organization, discussing how new or established companies can benefit from an effectively
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Solid/liquid separation equipment scale-up, Derek B. Purchas, 1977, Technology & Engineering, 584 pages Rand McNally Atlas Passport Edition, Rand McNally and Company (NA), 1996, Travel, 128 pages "The first section explains the physical and chemical properties which are important in the conservation process, i.e. application, aging, reversal. The topics covered include. This book presents the basic ideas of linear algebra in a manner that users will find understandable. It offers a fine balance between abstraction/theory and computational. From celebrated artist Lora S. Irish comes a treasure trove of small and beautiful patterns for crafters of all mediums. Perfect for carving, woodburning, painting, and more.

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Killer in the Dark 2, Colin Foreman, 2006, Children's stories, 365 pages
Basic algebra for college students, Corrinne Pellillo Brase, Charles Henry Brase, Jun 1, 1976, Mathematics, 469 pages

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Matilda, Roald Dahl, 2010, Children's stories, 294 pages. Matilda Wormwood is an extraordinary child with thoroughly ordinary and rather unpleasant parents, who are contemptuous of their daughter's prodigious talents. But Being a Widow, Lynn Caine, 1988, Body, Mind & Spirit, 261 pages. Discusses the early shock of a loved one's death, the first wobbly steps toward a new life, reemerging sexuality, assertiveness, stress, visitations and spirituality, problems Punter's Turf, Peter Klein, 2009, Detective and mystery stories, 296 pages. We may have found Australia's Dick Francis... Klein writes with a rare passion and knowledge about the turf... For all crime mystery readers. (Breeding and Racing) John Punter These trips (nearly 40 of them) will lead the mountain biker to some of the most beautiful parts of Montana, Idaho, Wyoming, and South Dakota, and explain in detail how to. This text is designed to give students the opportunity to practice speaking and listening skills in a variety of contexts. While some activities encourage specific grammar. "We've identified the Windows 8 skills you need to stay connected with people you care about; keep your computer reliable, productive, and safe; express your creativity; find. 

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The Story of the Little Mole who Knew it was None of His Business, Werner Holzwarth, Wolf Erlbruch, 1996, Moles (Animals), 22 pages. One bright, sunny morning, a terrible catastrophe befalls the little mole. It looks like a sausage, and the worst thing is that it lands right on his head. The story's plucky

The Last Puppy, Frank Asch, Oct 1, 1989, Juvenile Fiction, 30 pages. The last born of nine puppies worries that he will be the last chosen for a pet of a new owner

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From Kernel to Corncob, Ellen Weiss, Sep 1, 2007, Juvenile Nonfiction, 24 pages. Using simple text and illustrations, describes how a kernel grows into a piece of corn.

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